



# PGY2+ LCLHN Rural Generalist / General Training

Information Pack 2026 Clinical Year

as of April 2025

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## About Mount Gambier General Training/ Rural Generalist Training

### Introduction

We invite you to become part of a dynamic and busy medical team within the Limestone Coast Local Health Network (LCLHN) for a full year of PGY2+ General Training/Rural Generalist Training based in Mount Gambier Hospital with the option for rotations to Naracoorte.

This program provides an excellent pathway into any specialty but can also be taken as part of rural generalist training through AGPT with either RACGP or ACRRM. Preference is given to applicants committed to a career in rural or regional practice.

Rotations are available in General Medicine, Emergency Medicine, Paediatrics, General Surgery, General Practice/Anaesthetics and General Practice/Obstetrics.

### Key Dates

Expressions of Interest open:	<b>Wednesday 11 June 2025 (09:00 am ACST)</b>
Expressions of Interest close:	<b>Wednesday 2 July 2025 (11:55 pm ACST)</b>
Referee reports close:	<b>Wednesday 9 July 2025 (05:00 pm ACST)</b>
Shortlisting commences:	Wednesday 23 July 2025
Interviews:	August 2025
Round 1 results available to applicants:	Thursday 18 September 2025 (1 <sup>st</sup> preference matches only)
Round 2 results available to applicants <b>(excluding general training):</b>	Thursday 25 September 2025 (2 <sup>nd</sup> or higher preference matches)
Round 3 results available to applicants <b>(excluding general training):</b>	Thursday 2 October 2025 (3 <sup>rd</sup> or higher preference matches)
Round 4 onwards <b>(including general training):</b>	Thursday 9 October 2025 (4 <sup>th</sup> or higher preference matches)
Start date of Term 1 Clinical Year:	Monday 2 February 2026

## Number of positions in 2026 clinical year



## Limestone Coast Local Health Network (LCLHN)

### About LCLHN

Services available within the Limestone Coast Local Health Network are provided throughout the following locations:

- > Mount Gambier
- > Bordertown
- > Keith
- > Kingston/Robe
- > Lucindale
- > Millicent
- > Penola
- > Naracoorte

### Mount Gambier and Districts Health Service (MGDHS)

Limestone Coast residents have access to a wide range of healthcare services in a number of locations throughout the region. Mount Gambier and Districts Health Service is part of the Limestone Coast Local Health Network. The Mount Gambier Hospital is the major regional health provider for the lower, mid, and upper South East Regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte, and Penola. The catchment area also extends across the border into Western Victoria.

We provide specialist led services including:

- > Emergency Department
- > General Medicine
- > Surgery (General Surgery and Orthopaedics)
- > Obstetrics
- > Paediatric
- > Anaesthetics
- > Mental health services including an in-patient unit
- > Aboriginal health
- > Community Allied Health Services.

**The Mount Gambier Hospital and Districts Health Service (MGDHS) services and facilities include:**

- > Emergency Department including two resuscitation rooms, fast track treatment areas, multiple treatment bays, a negative pressure room and a separate paediatric area.
- > 46 bed Medical Unit including rehabilitation beds
- > 36 bed Surgical Unit
- > 14 bed Level 4 Maternity Unit with 3 birthing suites
- > 2 cot Level 4 neonatal nursery
- > 6 bed Paediatric Unit
- > 6 bed High Dependency Unit
- > 6 bed Mental Health In-patient Unit
- > 11 Day Surgery Chairs
- > 4 Operating Theatres
- > 6 chair Chemotherapy Unit
- > 6 chair Renal Dialysis Unit
- > Outpatient Consulting Suite

**Co-located at the Hospital site are the following services:**

- > Benson Radiology
- > SA Pathology
- > SA Pharmacy
- > Country Health Connect (Community Allied Health Services)
- > South Australian Dental Services
- > South East Mental Health Services – in-patient, intermediate care, and community-based care.
- > Rehabilitation Service
- > Aboriginal Health Services – Pangula Mannamurna Aboriginal Corporation (not co-sited but located nearby)

**Hawkins Medical Clinic**

This is a large, and vibrant clinic located just a few minutes from the hospital and was the winner of RACGP practice of the year in 2002 and 2019. The clinic is actively involved in medical teaching at all levels, including medical students, interns, PGY2s and GP registrars.

**Naracoorte Hospital**

Facilities include:

- > 39 public beds
- > 24-hour accident and emergency
- > 6-day surgery chairs
- > 2 operating theatres
- > Specialist consulting rooms
- > Youth Services
- > Moreton Bay House – 41 bed residential aged care facility

### **Kincraig Medical Clinic – Naracoorte**

Kincraig Medical Clinic (KMC) has been providing medical services to Naracoorte and the surrounding district for over 40 years. Private medical practitioners from KMC provide obstetric and anaesthetic services to Naracoorte Hospital, as well as General Practice services to the community. The clinic is actively involved in medical teaching of all levels, from medical students to GP registrars.

### **Naracoorte General Practice**

Naracoorte General Practice is a new practice in the heart of Naracoorte. The experienced GPs are very enthusiastic about teaching, and provide obstetric and anaesthetic services to Naracoorte Hospital as well as General Practice services to the community

## **What can you expect from LCLHN**

### **What should employees expect from the role?**

#### **Emergency Medicine**

The MGDHS Emergency Department has approximately 26,000 presentations each year. You will work in a well-supervised multidisciplinary team and see a wide range of acute and semi-acute medical and surgical conditions. During this term you will gain clinical and procedural experience in the management of emergency department presentations.

#### **General Medicine**

During your General Medicine term, you will work closely with the consultant physicians to provide services to our General Medical, Rehabilitation and High Dependency wards.

#### **Paediatric Medicine**

During your Paediatric term you will work one-on-one with our resident specialists. As MGDHS is the primary referral centre for the Upper, Mid and Lower South East, you are likely to see an enormous range of clinical diagnoses.

During the **Naracoorte GP Obstetrics** rotation, you will provide both general practice services as well as working closely with Midwives and GP Obstetricians to deliver a range of obstetric services at Naracoorte Hospital. This includes:

- > Assessing antenatal, intrapartum, and postnatal women.
- > Attending and assisting with labour and delivery, including assisted delivery (Ventouse or forceps).
- > Assisting at caesarean section.

During the **Naracoorte GP Anaesthetics** rotation, you will provide both general practice services as well as working closely with the GP Anaesthetists on the delivery, to provide Anaesthetic services to Naracoorte Hospital. These include:

- > assessment of patients prior to surgery to formulate plans for anaesthetic and pain management

- > induction, airway maintenance, management, and reversal of anaesthesia
- > regional anaesthesia
- > caring for patients during their immediate post-surgery and recovery phase.

Accommodation will be provided for Naracoorte rotations.

There is also a **Procedural GP** rotation available at Kincaig Clinic. This combines GP Obstetrics and GP Anaesthetics.

### **Will I be based at Mount Gambier all year? Will I be expected to travel to other country locations?**

Rotations are in either in Mount Gambier or, if desired in Naracoorte (which is approximately one hour from Mount Gambier). Accommodation will be provided during your rotations to Naracoorte.

### **What are the key outcomes of the program?**

The aim of this program is to provide trainees with a well-rounded general year. In addition, if wished, you will gain sufficient clinical experience and supervision support to meet the logbook and work- based assessments requirements for RACGP hospital rotations and ACRRM Core Clinical Training.

### **What are the hours of work and overtime?**

Your contracted hours are 76 hours per fortnight, and you will work a mix of early, late, and night shifts over a seven-day roster (depending upon rotation).

### **What education is provided?**

The hospital has a strong learning focus with weekly small group learning tutorials as well as more formal training including:

- > RMO education program
- > Simulation sessions
- > Grand Rounds
- > Journal Club

### **How will supervision be provided? Will this vary from rotation to rotation?**

Each shift the trainee will work with a named supervisor. As MGDHS is a consultant-run hospital, junior doctors work much more closely with consultants than is possible in many other health services.

### **What other support is provided?**

The Medical Education Unit have an open-door policy where trainees are welcomed to discuss any issues or concerns.



### **Will the TMO supervise interns/others in their role?**

In some units PGY2+ trainees will work other team members to supervise interns and medical students. This role will develop during the year as the trainee becomes more experienced.

### **What pathways are there after the year is completed?**

The opportunities provided at MGDHS to work closely with physicians, surgeons, paediatricians, and emergency/critical care physicians. This sets you up well to progress to specialty training in any of these disciplines. These positions also provide an ideal entry into Rural Generalist Training Advanced Skill Positions in General Medicine, Paediatrics, Emergency Medicine, Anaesthetics and Obstetrics and Gynaecology (Basic and Advanced Diplomas) are available, as well as Rural Generalist Emergency Medicine Training.

### **Rotations at LCLHN**

The position is primarily based at Mount Gambier Hospital with possible rotations to General Practice in Naracoorte. Rotations include:

- > Emergency Medicine
- > General Medicine
- > General Surgery
- > Paediatrics
- > GP Obstetrics (Naracoorte)
- > GP Anaesthetics (Naracoorte)
- > General Practice (Hawkins Medical Clinic)
- > Relieving

## **Selection into Mount Gambier Rural Generalist / General Training**

### **About the selection panel**

The selection panel for this position includes members of the medical education unit and may include the Director of Medical Services/representatives from the medical liaison office.

### **Eligibility**

Both Australian trained candidates currently in PGY1+ and international medical graduates who have general registration are eligible to apply for this role. Candidates must have Australian Working Rights to be eligible to apply. Candidates must be available to work commencing 2 February 2026.

### **Skills and knowledge required for the role**

Prerequisite medical knowledge and skills at intern level is assumed (see Australian Junior Doctor Curriculum Framework).



Other attributes required for this role include:

- > Interest in experiencing the rural learning environment.
- > Demonstrated high level communication skills both verbally and in writing.
- > Professional integrity and ability to work in a multi-disciplinary team environment.
- > Ability to be adaptable to change.
- > Sound experience in procedural skills.
- > Sound examination and diagnostic skills in adult and paediatric medicine.
- > Knowledge and awareness of quality improvement activities, clinical risk reduction and patient safety techniques.

## Selection Process

### Our approach to selection

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae.
- > Answers to Expression of Interest short answer questions.
- > Referee reports.
- > Appropriate completion and submission of required documentation
- > Performance at interview.

Following consideration of the above points, applicants will then be shortlisted for interview which may occur in person or via videoconference.

SA MET will match the highest ranked candidates to these positions.

### Your Expression of Interest

Your Expression of Interest must include:

- > Answers to the Expression of Interest question (see below).
- > A Curriculum Vitae.
- > Contact details from two referees in Australia who have worked with you in a clinical setting.

### Curriculum Vitae

Curriculum Vitae should include:

- > Contact details including email and mobile phone number.
- > Qualifications and academic achievements.
- > Clinical achievements:
  - o All jobs / clinical placements since completing medical school.
  - o Any rural clinical experiences since commencing medical school.
- > Personal Development.
- > Activities which demonstrate your interest in and commitment to rural practice.

### Cover letter

Not required

### Other Expression of Interest questions

You will be required to answer the following question in the Expression of Interest form:

- > *In no more than 500 words, describe your experience relevant to and interest in rural generalist practice*

### Interview

Applicants who are shortlisted for an interview will be notified by email.

The intention of the interview is to ensure that the applicants selected are the best fit for the role so questions discussed will address this.

## Frequently Asked Questions

### **I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?**

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital and point you in the direction of touring and entertainment.

Mount Gambier is the second most populated city in South Australia. It is located 17 kms from the Victorian border and lies approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

Striking the ideal balance between the vibrant lifestyle of the big city and comforts of a small town. In the heart of the Limestone Coast surrounded by signature wine region boasting social experiences including cellar door, picnics, tours and multiple food and wine festivals throughout the year.

Mount Gambier is the perfect base for exploration of the unique landscape and the natural beauty of our region— be it our iconic blue lake, our many caves, sinkholes, parks, and beaches. Mount Gambier offers opportunity for diverse recreational activities including diving, fishing, and water sports. For the elite or casual sporting enthusiast Mount Gambier also offers a strong team sport and athletic culture.

### **Will accommodation be provided?**

You will need to arrange your own accommodation. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area. Accommodation is provided during Naracoorte rotations.

### **Will I be supported with relocation expenses?**

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss the relocation support which may be available and the documentation you will be required to provide.

### **Will I need my own transport?**

It is easy to get around Mount Gambier as most locations are only 3-8 minutes away by car, 10-15 minutes by bicycle. There is a limited public transport system (bus) which runs primarily between 9.00 am and 5.00 pm. Private transport is recommended to allow you to explore our beautiful region.

### **Do I need to arrange for a carpark?**

The good news is that parking in all of Mount Gambier is free of charge. There is a secure staff car park on the Hospital site.

### **Can I get decent coffee and food in Mount Gambier?**

Mount Gambier has a wide range of cuisines and fantastic coffee on offer. There are also several farmers and craft markets operating regularly throughout the South East along with the signature premium wine region The Coonawarra to explore. The hospital has a café on site with a variety of food and coffee options.

### **Can I get my cultural fix of theatre, music, and cinema?**

Absolutely!

No matter what your interests, the Limestone Coast has you covered. There are a range of food and wine festivals in our region, the Fringe and the various art/music festivals, street parties, market days, surfing competitions and various cycling and golf events. Not to mention Mount Gambier is also the home of the Generations in Jazz.

Sir Robert Helpmann Theatre is a fully equipped multi-purpose arts centre in the heart of Mount Gambier, accommodating a range of theatre, conferences, performing arts, film screening, seminars, music events. While the Riddoch Art Gallery is the largest SA Regional Gallery.

The benefits of being approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

## Contacts

### LCLHN

Medical Education Unit	<p>A\Medical Education Officer Name: Daniel Peacock</p> <p>A\Director of Clinical Training Name: Dr Sathiaselalan “Preggie” Nair</p> <p>Email: <a href="mailto:Health.LCLHNMedicalEducationUnit@sa.gov.au">Health.LCLHNMedicalEducationUnit@sa.gov.au</a></p> <p>Phone: (08) 8721 1200</p>
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### Role Description

View Role Description [here](#)

### Any further questions?

**SA Health Salaried Medical Officers Enterprise Agreement 2022** [here](#)

**Australian Health Practitioner Regulation Agency (Ahpra) registration standards** [here](#)

*This Information Pack has been prepared by LCLHN, with thanks from SA MET*

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