



# PGY3+ LCLHN ARANZCOG (P) Mount Gambier

## Information Pack 2026 Clinical Year

as of April 2025

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## About Mount Gambier ARANZCOG (P)

### Introduction

We invite you to become part of a collegiate, committed, multidiscipline maternity-care team usually consisting of GP obstetricians, O&G specialists, and O&G registrars, and a wonderful group of both experienced and newly qualified midwives. The full-year, half-time nature of this role may enable the requisite exposure to obstetrics and gynaecological cases in the rural setting to meet the requirements of RANZCOG associate (procedural) when combined with working part-time in a general practice which provides comprehensive antenatal care. Usually, however, further time in the role is required to complete the requirements.

This rotation is best undertaken in combination with a half-time General Practice training year through either GP College. Preference is given to applicants committed to rural GP obstetrics.

This position is available to Postgraduate Year 3 and above (PGY3+).

The successful candidate must also prospectively seek accreditation for their training with RANZCOG in preparation for commencing the position and we seek to provide tailored support for your training.

### Key Dates

Expressions of Interest open:	<b>Wednesday 11 June 2025 (09:00 am ACST)</b>
Expressions of Interest close:	<b>Wednesday 2 July 2025 (11:55 pm ACST)</b>
Referee reports close:	<b>Wednesday 9 July 2025 (05:00 pm ACST)</b>
Shortlisting commences:	Wednesday 23 July 2025
Interviews:	August 2025
Round 1 results available to applicants:	Thursday 18 September 2025 (1 <sup>st</sup> preference matches only)
Round 2 results available to applicants (excluding general training):	Thursday 25 September 2025 (2 <sup>nd</sup> or higher preference matches)
Round 3 results available to applicants (excluding general training):	Thursday 2 October 2025 (3 <sup>rd</sup> or higher preference matches)
Round 4 onwards (including general training):	Thursday 9 October 2025 (4 <sup>th</sup> or higher preference matches)
Start date of Term 1 Clinical Year:	Monday 2 February 2026

## Number of positions in 2026 Clinical Year



## Limestone Coast Local Health Network (LCLHN)

### About LCLHN

Services available within the Limestone Coast Local Health Network are provided throughout the following locations:

- > Mount Gambier
- > Bordertown
- > Keith
- > Kingston/Robe
- > Lucindale
- > Millicent
- > Penola

### Mount Gambier and Districts Health Service (MGDHS)

Limestone Coast residents have access to a wide range of health care services in a number of locations throughout the region. Mount Gambier and Districts Health Service is part of the Limestone Coast Local Health Network. Mount Gambier & Districts Health Service is the major regional health provider for the lower, mid and upper South East Regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte and Penola. The catchment area also extends across the border into Western Victoria.

We provide specialist led services including:

- > Emergency Department
- > General Medicine
- > Surgery (General Surgery and Orthopaedics)
- > Obstetrics
- > Paediatric
- > Anaesthetic
- > Mental health services
- > Aboriginal health and community health

**The Mount Gambier Hospital and Districts Health Service (MGDHS) services and facilities include:**

- > Emergency Department including two resuscitation rooms, fast track treatment areas, multiple treatment bays, a negative pressure room and a separate paediatric area.
- > 46 bed Medical Unit including rehabilitation beds
- > 36 bed Surgical Unit
- > 14 bed Level 4 Maternity Unit with 3 birthing suites
- > 2 cot Level 4 neonatal nursery
- > 6 bed Paediatric Unit
- > 6 bed High Dependency Unit
- > 6 bed Mental Health In-patient Unit
- > 11 Day Surgery Chairs
- > 4 Operating Theatres
- > 6 chair Chemotherapy Unit
- > 6 chair Renal Dialysis Unit
- > Outpatient Consulting Suite

**Co-located at the Hospital site are the following services:**

- > Benson Radiology
- > SA Pathology
- > SA Pharmacy
- > Country Health Connect (Community Allied Health Services)
- > South Australian Dental Services
- > South East Mental Health Services – in-patient, intermediate care, and community-based care.
- > Rehabilitation Service
- > Aboriginal Health Services – Pangula Mannamurna Aboriginal Corporation (not co-sited but located nearby)

**What you can expect from LCLHN**

**What should employees expect from the role?**

The Maternity service has over 500 births per year. During this term you will gain clinical and procedural experience in the areas of management of pregnant women and gynaecology under the supervision of local medical and midwifery staff. This is achieved through rostered time in the maternity ward including some after-hours.

Attendance in theatre, outpatient antenatal and gynaecology clinics is also provided.

**Will I be based at Mount Gambier all year? Will I be expected to travel to other country locations?**

You will be based in Mount Gambier for the full year.

**What are the key outcomes of the program?**

The aim of this program is to provide trainees with sufficient clinical experience and supervision support to

meet the logbook and work- based assessments of the ARANZCOG (P). Candidates will also be supported to meet the external course requirements and assessments to achieve their qualification and set them up to be confident working at the level of a GP obstetrician without independent caesarean section capability. Further training will be required to meet A RANZCOG (Adv P) requirements.

### **What are the hours of work and overtime?**

This position requires a commitment of 38 hours per fortnight. Some out-of-hours work is required within the 38 hours in order to provide continuity of intrapartum care and meet logbook requirements. Normally the 38 hours are spread over the fortnight and over 2 or 3 days in each week.

### **What education is provided?**

The unit has a strong learning focus with frequent ad-hoc tutorials as well as more formal training including:

- > Multidisciplinary simulation training.
- > Neonatal resuscitation
- > Fetal surveillance education (utilising FSEP via RANZCOG)
- > Perinatal review and education meetings.
- > Regular logbook and learning needs review.

### **How will supervision be provided? Will this vary from rotation to rotation?**

Every shift will have a named duty consultant who is the primary contact person for the ARANZCOG (P) candidate on that day.

### **What other support is provided?**

The Medical Education Unit have an open-door policy where trainees are welcome to discuss any issues or concerns.

### **Will the TMO supervise interns/others in their role?**

Medical students will often be on the unit and eager to learn!

### **What pathways are there after the year is completed?**

Trainees are encouraged to view this position as a step in their pathway to providing rural generalist services to a community in rural South Australia.

This position can articulate with:

- > Other local training positions including AST in Emergency Medicine or General Practice.
- > ARANZCOG (Adv P) positions

### **Rotations at LCLHN**

This position is based in the Maternity Ward at Mount Gambier Hospital for the full calendar year. It is not expected that other rotations will be allocated during this period.



## Selection into Mount Gambier ARANZCOG (P)

### About the selection panel

The selection panel for this position usually includes a RANZCOG accredited training supervisor, at least one other senior member of the medical team in the unit and a member of staff from the TMO unit from the Mount Gambier campus of Flinders University Rural Health South Australia. A member of the relevant training provider may also be present.

### Eligibility

Both Australian trained candidates currently in PGY3+ and International Medical Graduates who have general registration and who will have at least 3 years clinical experience upon commencement are eligible to apply for this role. Candidates must have Australian Working Rights to be eligible to apply.

Candidates must be available to work commencing on 2 February 2026.

### Skills and knowledge required for the role

Prerequisite obstetrics and gynaecology knowledge at final year medical student level is assumed.

## Selection Process

### Our approach to selection

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae.
- > Answers to Expression of Interest short answer questions.
- > Referee reports.
- > Appropriate completion and submission of required documentation.
- > An interview.

All Expressions of Interest will be scored/ranked for shortlisting. Eligible applicants will be shortlisted for interview. Shortlisted applicants will be invited to a face-to-face or video conference interview.

SA MET will match the highest ranked candidate to this position.

### Your Expression of Interest

Your Expression of Interest must include:

- > An Expression of Interest addressing the selection criteria (see below)
- > A Curriculum Vitae.
- > Contact details from two referees in Australia who have worked with you in a clinical setting.

## Curriculum Vitae

Curriculum Vitae should include:

- > Contact details including email and mobile phone number.
- > Qualifications and academic achievements.
- > Clinical achievements.
  - All jobs / clinical placements since completing medical school.
  - Any rural clinical experiences since commencing medical school.
- > Personal Development.
- > Activities which demonstrate your interest in and commitment to rural practice and GP obstetrics.

## Cover letter

Not required.

## Other Expression of Interest questions

You will be required to answer the following question in the Expression of Interest form:

- > *In no more than 500 words, describe your experience relevant to and interest in rural generalist practice.*

## Interview

Applicants who are shortlisted for an interview will be notified by mobile phone and/or email.

The intention of the interview is to ensure that the applicant selected is the best fit for the role. The interview is likely to include an invitation to describe previous experiences and some scenario-based questions with the aim to evaluate candidates against selection criteria which include:

- > Demonstrated ability to thrive in the rural context.
- > Highly effective communication and collaboration skills in the clinical setting.
- > Ability to succeed in attaining ARANZCOG (P) during this position.



## Frequently Asked Questions

### **I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?**

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital and point you in the direction of touring and entertainment.

Mount Gambier is the second most populated city in South Australia. It is located 17 kms from the Victorian border and lies approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

Striking the ideal balance between the vibrant lifestyle of the big city and comforts of a small town. In the heart of the Limestone Coast surrounded by signature wine region boasting social experiences including cellar door, picnics, tours and multiple food and wine festivals throughout the year.

Mount Gambier is the perfect base for exploration of the unique landscape and the natural beauty of our region— be it our iconic blue lake, our many caves, sinkholes, parks and beaches. Mount Gambier offers opportunity for diverse recreational activities including diving, fishing and water sports. For the elite or casual sporting enthusiast Mount Gambier also offers a strong team sport and athletic culture.

### **Will accommodation be provided?**

You will need to arrange your own accommodation. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area. The median price is \$300-400 per week.

### **Will I be supported with relocation expenses?**

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss the relocation support which may be available and the documentation you will be required to provide.

### **Will I need my own transport?**

It is easy to get around Mount Gambier as most locations are only 3-8 minutes away by car, 10-15 minutes by bicycle. There is a limited public transport system (bus) which runs primarily between 9.00 am and 5.00 pm. Private transport is recommended to allow you to explore our beautiful region.

### **Do I need to arrange for a carpark?**

The good news is that parking in all of Mount Gambier is free of charge. There is a secure staff car park on the Hospital site.

### **Can I get decent coffee and food in Mount Gambier?**

Mount Gambier has a wide range of cuisines and fantastic coffee on offer. There are also several farmers and craft markets operating regularly throughout the South East along with the premium wine region of the Coonawarra to explore. The hospital has a café on site with a variety of food and coffee options— the ideal place to network.

### **Can I get my cultural fix of theatre, music and cinema?**

Absolutely!

No matter what your interests, the Limestone Coast has you covered. There are a range of food and wine festivals in our wine regions, the Fringe and the various art/music festivals, street parties, market days, surfing competitions and various cycling and golf events. Not to mention Mount Gambier is also the home of the Generations in Jazz.

Sir Robert Helpmann Theatre is a fully equipped multi-purpose arts centre in the heart of Mount Gambier, accommodating a range of theatre, conferences, performing arts, film screening, seminars, music events. While the Riddoch Art Gallery is the largest SA Regional Gallery.

The benefits of being approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

## Contacts

### LCLHN

RANZCOG Training Supervisor	Name: Dr Colin Weatherill
Medical Education Unit	Name: Daniel Peacock (A\Medical Education Officer)  Name: Dr Sathiaselalan "Preggie" Nair (Director of Clinical Training)  Email: <a href="mailto:Health.LCLHNMedicalEducationUnit@sa.gov.au">Health.LCLHNMedicalEducationUnit@sa.gov.au</a>  Phone: (08) 8721 1200

### Role Description

View Role Description [here](#)

### Any further questions?

**SA Health Salaried Medical Officers Enterprise Agreement 2022** [here](#)

**Australian Health Practitioner Regulation Agency (Ahpra) registration standards** [here](#)

*This Information Pack has been prepared by LCLHN, with thanks from SA MET*

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