



PGY3+ LCLHN Adult Internal Medicine Advanced Skills Mount Gambier

Information Pack 2026 Clinical Year

as of April 2025



SOUTH AUSTRALIAN
MEDICAL EDUCATION & TRAINING

CONTENTS

About Mount Gambier Adult Internal Medicine Advanced Skills	3
Introduction	3
Key Dates	3
Number of positions in 2026 Clinical Year	4
Limestone Coast Local Health Network (LCLHN).....	4
About LCLHN	4
What can you expect from LCLHN	5
Rotations at LCLHN	6
Selection into Mount Gambier Adult Internal Medicine Advanced Skills.....	7
About the selection panel	7
Eligibility	7
Skills and knowledge required for the role	7
Selection Process	7
Our approach to selection	7
Your Expression of Interest	7
Curriculum Vitae	7
Cover letter	8
Other Expression of Interest questions	8
Interview	8
Frequently Asked Questions.....	9
Contacts.....	11
Role Description	11
Any further questions?	11

About Mount Gambier Adult Internal Medicine Advanced Skills

Introduction

We invite you to become part of a collegiate, committed, multidisciplinary medical team, consisting of four consultant physicians and interns and RMOs, as well as Allied Health, and nursing staff.

This is a full-time position and fulfils the requirements for both RACGP Additional Rural Skills Training (ARST) and ACRRM Advanced Specialist AST positions. The position involves providing medical inpatient and outpatient services to the General Medical Ward at Mount Gambier & Districts Health Service (MGDHS). It will involve some out of hours and on-call work, supervised by a Consultant Physician.

This rotation is available to candidates who are Postgraduate year 3 and above and enrolled in Rural Generalist Training with either ACRRM or RACGP.

Key Dates

Expressions of Interest open:	Wednesday 11 June 2025 (09:00 am ACST)
Expressions of Interest close:	Wednesday 2 July 2025 (11:55 pm ACST)
Referee reports close:	Wednesday 9 July 2025 (05:00 pm ACST)
Shortlisting commences:	Wednesday 23 July 2025
Interviews:	August 2025
Round 1 results available to applicants:	Thursday 18 September 2025 (1 st preference matches only)
Round 2 results available to applicants (excluding general training):	Thursday 25 September 2025 (2 nd or higher preference matches)
Round 3 results available to applicants (excluding general training):	Thursday 2 October 2025 (3 rd or higher preference matches)
Round 4 onwards (including general training):	Thursday 9 October 2025 (4 th or higher preference matches)
Start date of Term 1 Clinical Year:	Monday 2 February 2026

Number of positions in 2026 Clinical Year



Limestone Coast Local Health Network (LCLHN)

About LCLHN

Services available within the Limestone Coast Local Health Network are provided throughout the following locations:

- > Mount Gambier
- > Bordertown
- > Keith
- > Kingston/Robe
- > Lucindale
- > Millicent
- > Penola
- > Naracoorte

Mount Gambier and Districts Health Service (MGDHS)

Limestone Coast residents have access to a wide range of health care services in a number of locations throughout the region. Mount Gambier and Districts Health Service is part of Limestone Coast Local Health Network. The Mount Gambier Hospital is the major regional health provider for the lower, mid, and upper South East Regions with other facilities located nearby in Bordertown, Keith, Kingston, Lucindale, Millicent, Naracoorte, and Penola. The catchment area also extends across the border into Western Victoria.

We provide specialist led services including:

- > Emergency Department
- > General Medicine
- > Surgery (General Surgery and Orthopaedics)
- > Obstetrics
- > Paediatric
- > Anaesthetics
- > Mental health services including an in-patient unit
- > Aboriginal health
- > Community Allied Health Services.

The Mount Gambier Hospital and Districts Health Service (MGDHS) services and facilities include:

- > Emergency Department including two resuscitation rooms, fast track treatment areas, multiple treatment bays, a negative pressure room and a separate paediatric area.
- > 46 bed Medical Unit including rehabilitation beds
- > 36 bed Surgical Unit
- > 14 bed Level 4 Maternity Unit with 3 birthing suites
- > 2 cot Level 4 neonatal nursery
- > 6 bed Paediatric Unit
- > 6 bed High Dependency Unit
- > 6 bed Mental Health In-patient Unit
- > 11 Day Surgery Chairs
- > 4 Operating Theatres
- > 6 chair Chemotherapy Unit
- > 6 chair Renal Dialysis Unit
- > Outpatient Consulting Suite

Co-located at the Hospital site are the following services:

- > Benson Radiology
- > SA Pathology
- > SA Pharmacy
- > Country Health Connect (Community Allied Health Services)
- > South Australian Dental Services
- > South East Mental Health Services – in-patient, intermediate care, and community-based care.
- > Rehabilitation Service
- > Aboriginal Health Services – Pangula Mannamurna Aboriginal Corporation (not co-sited but located nearby)

What can you expect from LCLHN

What should employees expect from the role?

The position involves providing medical inpatient services to the General Medical, High Dependency and Rehabilitation Wards at Mount Gambier Hospital. Outpatient services are also provided through the hospital consulting rooms. The role will involve some out of hours work and on-call work, supervised by a consultant.

Will I be based at Mount Gambier all year? Will I be expected to travel to other country locations?

You will be based in Mount Gambier for the full year.

What are the key outcomes of the program?

The aim of this program is to provide trainees with sufficient clinical experience in a supported environment to meet the requirements of: The Royal Australian College of General Practitioners (RACGP), Fellowship in Advanced Rural General Practice (FRACGP-RG) or Australian College of Rural & Remote Medicine Advanced Specialised Training (ACRRM AST).

What are the hours of work and overtime?

This position requires a commitment of 76 hours per fortnight. Participation in the out of hours on-call roster is required. You will have a Consultant Physician second on-call to you at all times.

What education is provided?

The unit has a strong learning focus with frequent ad-hoc tutorials as well as more formal training including weekly teaching rounds, morbidity and mortality meetings, and monthly Medical Grand Rounds.

How will supervision be provided? Will this vary from rotation to rotation?

The trainee will be part of a designated team on the Medical Ward (currently there are three teams). Each of these teams are headed up by a nominated Consultant Physician, who will provide supervision to the trainee.

What other support is provided?

The Medical Education Unit have an open-door policy where trainees are welcome to discuss any issues or concerns.

Will the TMO supervise interns/others in their role?

The trainee will work on a team including Registrars, Resident Medical Officers, interns and PGY2s. A Consultant Physician will provide the overall supervision.

What pathways are there after the year is completed?

Trainees are encouraged to view this position as a step in their pathway to providing Rural Generalist services to a community in rural South Australia.

This position can articulate with:

- > ACRRM and RACGP General Practice training
- > Other local training positions including AST/ARST in Emergency Medicine, Paediatrics or O&G.

Rotations at LCLHN

This position is based in the General Medical Ward at Mount Gambier Hospital for the full calendar year. It is not expected that other rotations will be allocated during this period.

Selection into Mount Gambier Adult Internal Medicine Advanced Skills

About the selection panel

The selection panel for this position usually includes the General Medicine Head of Unit or their nominated proxy, a member of the hospital administration team, and a member of staff from the MEU. A member of the relevant training provider may also be present.

Eligibility

Candidates currently PGY3 and above who are enrolled in Rural Generalist or GP Training with either ACRRM or RACGP are eligible to apply for this role. Candidates must have Australian Working Rights to be eligible to apply. Candidates must be available to work commencing on 2 February 2026.

Skills and knowledge required for the role

Prerequisite internal medicine knowledge at PGY3 level is assumed.

Selection Process

Our approach to selection

At a minimum the selection process will involve assessing your:

- > Curriculum Vitae.
- > Answers to Expression of Interest short answer questions.
- > Referee reports.
- > Appropriate completion and submission of required documentation
- > An interview.

All Expressions of Interest will be scored/ranked for shortlisting. Eligible applicants will be shortlisted for interview. Shortlisted applicants will be invited to a face-to-face or video conference interview.

SAMET will match the highest ranked candidate to this position.

Your Expression of Interest

Your Expression of Interest must include:

- > An Expression of Interest addressing the selection criteria (see below).
- > A Curriculum Vitae.
- > Contact details from two referees in Australia who have worked with you in a clinical setting.

Curriculum Vitae

Curriculum Vitae should include:

- > Contact details including email and mobile phone number.
- > Qualifications and academic achievements.

- > Clinical achievements:
 - All jobs / clinical placements since commencing medical school.
 - Any rural clinical experiences since commencing medical school.
- > Activities which demonstrate your interest in and commitment to rural practice

Cover letter

Not required

Other Expression of Interest questions

You will be required to answer the following question in the Expression of Interest form:

- > *In no more than 500 words, describe your experience relevant to and interest in rural generalist practice.*

Interview

Applicants who are shortlisted for an interview will be notified by phone and/or email.

The intention of the interview is to ensure that the applicant selected is the best fit for the role. The interview is likely to include an invitation to describe previous experiences and some scenario-based questions with the aim to evaluate candidates against selection criteria which include:

- > *Demonstrated ability to thrive in the rural context.*
- > *Highly effective communication and collaboration skills in the clinical setting*

Frequently Asked Questions

I am unsure about moving to the country. Can I visit to look at the facilities prior to finalising my preferences?

We would encourage you to visit our beautiful city and enjoy the rural hospitality. Please let us know if you are planning a visit so that we can facilitate this, for example, with a tour of the hospital and point you in the direction of the sights, good food and entertainment.

Mount Gambier is the second most populated city in South Australia. It is located 17 kms from the Victorian border and lies approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

Striking the ideal balance between the vibrant lifestyle of the big city and comforts of a small town. In the heart of the Limestone Coast surrounded by signature wine region boasting social experiences including cellar door, picnics, tours and multiple food and wine festivals throughout the year.

Mount Gambier is the perfect base for exploration of the unique landscape and the natural beauty of our region— be it our iconic blue lake, our many caves, sinkholes, parks and beaches. Mount Gambier offers opportunity for diverse recreational activities including diving, fishing and water sports. For the elite or casual sporting enthusiast Mount Gambier also offers a strong team sport and athletic culture.

Will accommodation be provided?

You will need to arrange your own accommodation. Real estate agents can assist you with this. You will find rentals very affordable compared with the metropolitan area.

Will I be supported with relocation expenses?

We appreciate that moving house can put a strain on your finances, particularly prior to starting your new job. Please contact us to discuss the relocation support which may be available and the documentation you will be required to provide.

Will I need my own transport?

It is easy to get around Mount Gambier as most locations are only 3-8 minutes away by car, 10-15 minutes by bicycle. There is a limited public transport system (bus) which runs primarily between 9.00 am and 5.00 pm. Private transport is recommended to allow you to explore our beautiful region.

Do I need to arrange for a carpark?

The good news is that parking in all of Mount Gambier is free of charge. There is a secure staff car park on the Hospital site.

Can I get decent coffee and food in Mount Gambier?

Mount Gambier has a wide range of cuisines and fantastic coffee on offer. There are also several farmers and craft markets operating regularly throughout the South East along with the premium wine region of the Coonawarra to explore. The hospital has a café on site with variety of food and coffee options.

Can I get my cultural fix of theatre, music and cinema?

Absolutely!

No matter what your interests, the Limestone Coast has you covered. There are a range of food and wine festivals in our wine regions, the Fringe and the various art/music festivals, street parties, market days, surfing competitions and various cycling and golf events. Not to mention Mount Gambier is also the home of the Generations in Jazz.

Sir Robert Helpmann Theatre is a fully equipped multi-purpose arts centre in the heart of Mount Gambier, accommodating a range of theatre, conferences, performing arts, film screening, seminars, music events. While the Riddoch Art Gallery is the largest SA Regional Gallery.

The benefits of being approximately halfway between both Adelaide and Melbourne making metropolitan adventures easily accessible.

Contacts

LCLHN

Term Supervisor	Name: Dr Mohammed “Irfan” Birader
Medical Education Unit	A\Medical Education Officer Name: Daniel Peacock A\Director of Clinical Training Name: Dr Sathiaselvan “Preggie” Nair Email: Health.LCLHNMedicalEducationUnit@sa.gov.au Phone: (08) 8721 1200

Role Description

View Role Description [here](#)

Any further questions?

SA Health Salaried Medical Officers Enterprise Agreement 2022 [here](#)

Australian Health Practitioner Regulation Agency (AHPRA) registration standards [here](#)

This Information Pack has been prepared by LCLHN, with thanks from SA MET

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